**STORAGE AND CARE**

- Discard used nosepieces in the trash
- Put the protective cover back on the blue device and store it for your next use
- Cleaning the reusable blue device is not necessary—if you do want to clean the blue device, please use a clean, dry, lint-free cloth to wipe the mouthpiece between uses
  - Do not wash the device
  - Avoid contact with any liquids
- Keep ONZETRA Xsail and all medications out of the reach of children
- Remember to store the blue device and unopened pouches in a clean, cool, and dry place
- Be sure to check the expiration date for each nosepiece at each use
- Use both nosepieces within 1 hour after opening the pouch

**WHAT’S IN YOUR BOX?**

- **2 reusable blue devices**
  (1 for immediate use + 1 spare)

- **Disposable nosepieces**
  (in foil pouches)

**REMEMBER**

1 dose = 2 nosepieces
(1 per nostril)

Each disposable white nosepiece contains half a dose of medication (11 mg of sumatriptan). A full dose is 22 mg.

Do not use more than 2 nosepieces per dose.

**INSTRUCTIONS ON PAGE 2**

For support, call 1-800-793-2145 or visit onzetra.com. If you still have questions, be sure to ask your healthcare professional or pharmacist.

© 2019 Curax Pharmaceuticals LLC. All rights reserved. ONZETRA and Xsail are registered trademarks of Curax Pharmaceuticals LLC in the United States and other countries. Breath Powered is a registered trademark of OptiNose AS

ONZ-LC110.00 Rev 11/19
1. OPEN the pouch and remove the first nosepiece.
   Remove device cover. INSERT the first nosepiece into the device until you hear it click into place.

2. Fully PRESS and RELEASE white button to pierce the medication capsule.
   If you skip this step, you will not get any medication.

3. INSERT the nosepiece deeply into your nose. Keep the nosepiece in your nose while you rotate the device to place the mouthpiece into your mouth.

4. BLOW WITH YOUR MOUTH into the device for 2-3 seconds, like you’re blowing up a balloon, to deliver medication into your nose. (You may hear a rattling sound or feel a vibration.)
   DO NOT press white button while blowing!

5. Press the clear tab to remove the first nosepiece. CHECK the capsule to see if the medication is gone.
   DISCARD the used nosepiece in the trash.
   Insert second nosepiece into device.

6. DON’T FORGET TO PIERCE THE CAPSULE IN SECOND NOSEPIECE.
   If you skip this step, you will not get any medication.

7. Lastly, repeat steps 3-4 with second nosepiece in second nostril.

DID I DO IT RIGHT?

- Checked the nosepieces. It is normal to see a thin white residue after use. If one or both of the capsules appear unused, repeat steps 2-4 with the same nosepiece.
- Used both nosepieces—one in each nostril
- Pierced both capsules before blowing
- DID NOT hold down white button while blowing